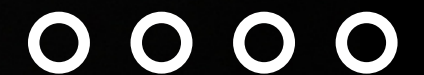




# **CLAUDINE ULLMAN**

AWARD-WINNING  
FACILITATOR  
KEYNOTE SPEAKER  
COMEDIAN  
BEAUTY QUEEN



# BIOGRAPHY

*CLAUDINE ULLMAN IS THE FOUNDER AND MANAGING DIRECTOR OF THE JITTERY CITIZENS IMPROV COMEDY TRAINING COMPANY.*

*SINCE 2016, CLAUDINE HAS PARTICIPATED IN THE CLARENS COMEDY FESTIVAL, PERFORMING ALONGSIDE THE COUNTRY'S TOP COMEDIANS. SHE HAS OPENED FOR SOME OF THE BIGGEST ACTS IN THE COUNTRY, INCLUDING LOYISO GOLA. IN 2016, CLAUDINE WAS A TOP 10 FINALIST IN THE SAVANNA COMICS' CHOICE NEWCOMERS SHOWCASE, FEATURED ON VUZU TV. CLAUDINE HAS PERFORMED STAND-UP COMEDY ON THE DAN NICHOLL SHOW ON DSTV. SHE HAS PRODUCED AND PERFORMED AT SEVERAL SOLD-OUT COMEDY SHOWS AROUND THE COUNTRY, INCLUDING STARBUCKS COMEDY NIGHTS AND JITTERY CITIZENS' STAND-UP COMEDY AT THE NATIONAL ARTS FESTIVAL IN MAKANDA. SHE HAS PERFORMED ON SOME OF THE WORLD'S MOST PRESTIGIOUS STAGES, INCLUDING ANGEL COMEDY CLUB (UK), GOTHAM COMEDY CLUB (NYC), AND COMEDY CELLAR (NYC). CLAUDINE PERFORMED AT THE JOHANNESBURG INTERNATIONAL COMEDY FESTIVAL IN 2019. IN 2019, CLAUDINE WROTE AND STARRED IN "ARTIFICIALLY INFEMINATED," HER SHOW HAS HAD SOLD-OUT PERFORMANCES ACROSS SOUTH AFRICA AS WELL AS IN LONDON (UK) AND HAS GARNERED MUCH CRITICAL ACCLAIM. SHE IS CURRENTLY TOURING HER NEW SHOW "MRS PERSONALITY".*

*CLAUDINE IS A SAFTA-NOMINATED WRITER FOR AND A REGULAR PERFORMER ON SABC2'S SKETCH COMEDY HIT, "THE BANTU HOUR." IN 2018, CLAUDINE WAS FEATURED IN KAGISO LEDIGA'S FILM, "CATCHING FEELINGS." IN 2019, CLAUDINE WORKED WITH DIPRENTE AGAIN IN THE FIRST-EVER SOUTH AFRICAN SERIES PRODUCED BY NETFLIX - "QUEEN SONO." CLAUDINE IS CURRENTLY ON "CHIN UP" AND "TALI'S BABY DIARY" SERIES ON SHOWMAX. IN 2022 AND 2023, CLAUDINE HAS THREE MORE FEATURE FILMS PREMIERING ON NETFLIX: "OFFICE INVASION," "ROSA," AND "DO YOUR WORST." CLAUDINE MC'D AND HOSTED COMEDY CENTRAL'S MOVEMBER CAMPAIGN PRANK SHOW AND COMEDY CENTRAL'S SA CRICKET MATCHES. CLAUDINE HAS MADE NUMEROUS TV APPEARANCES, SUCH AS MTV'S, AND MOST RECENTLY, SHE APPEARED ON E ENTERTAINMENT'S "CELEBRITY GAME NIGHT."*

*CLAUDINE IS A KEYNOTE SPEAKER. SHE HAS SPOKEN AT LIMMUD JOHANNESBURG AND CAPE TOWN, WITH 1000+ ATTENDEES EVERY YEAR. IN EARLY 2015, SHE WAS A PANELIST LED BY FELICIA MABUZA-SUTTLE AT QUALITY LIFE'S WOMEN'S LEADERSHIP CONFERENCE. SHE WILL BE RETURNING TO SPEAK AT THE WOMEN'S DAY BREAKFAST TITLED "WE ARE THE LEADERS WE HAVE BEEN WAITING FOR." CLAUDINE WAS INVITED TO PRESENT ON "IMPROV(E) YOUR LIFE" AT THE IEB DRAMATIC ARTS CONFERENCE AND SPOKE AT TEDX JOHANNESBURG IN 2016 AND 2020. IN 2022, CLAUDINE PARTICIPATED IN THE OFFICIAL MRS. SOUTH AFRICA PAGEANT WHERE SHE WON THE TITLE OF "MRS. PERSONALITY." AS A RESULT, SHE DEVELOPED A KEYNOTE TALK ENTITLED "FROM CLOWN TO CROWN - WHAT PAGEANTRY TAUGHT ME ABOUT SELF-LOVE, EMBRACING FAILURE, AND RESILIENCE." THIS WOMEN'S DAY, SHE HAS BEEN INVITED TO PRESENT AT THE 2023 THRIVING WOMEN ENTREPRENEURS SUMMIT (TWES).*

*CLAUDINE HAS MC'D AND PERFORMED COMEDY AT SEVERAL CORPORATE FUNCTIONS. HER CLIENTS INCLUDE STANDARD BANK, NEDBANK, CHAI FM, VEUVE CLICQUOT (WOMEN'S DAY EVENTS), COMEDY CENTRAL, GLADE, AND FOUR SEASONS HOTEL GROUP.*

*CLAUDINE HAS BEEN FEATURED IN SEVERAL PUBLICATIONS, NEWS ARTICLES, AND MAGAZINES. IN 2016, CLAUDINE WAS FEATURED ON THE COVER OF THE STAR TONIGHT AND THE FRONT PAGE OF THE SUNDAY TIMES. IN 2019, CLAUDINE WAS THE COVER STAR AND FEATURED COMEDIAN FOR KHULUMA MAGAZINE.*

*IN 2022, CLAUDINE ENTERED THE MRS. SOUTH AFRICA BEAUTY PAGEANT. SHE COMPETED IN THE FINALS AND WALKED AWAY WITH THE TITLE OF "MRS. PERSONALITY."*

*CLAUDINE IS AN AWARD-WINNING CREATIVITY COACH/CORPORATE FACILITATOR. SHE HAS AN ADVANCED DIPLOMA IN LIFE COACHING -OLS 7. HER STUDENTS INCLUDE DAVID KIBUUKA (EMMY-AWARD-WINNING HEAD WRITER FOR "THE DAILY SHOW WITH TREVOR NOAH"), LOYISO GOLA (EMMY-NOMINATED COMEDIAN). HER CORPORATE CLIENTS INCLUDE UNILEVER, OGILVY, E&Y, MERCEDES.*

*CLAUDINE HAS EXPERIENCE IN PODCASTING, RADIO, DIRECTING AND PRODUCING FOR TV.*



## **Female Empowerment**

From Clown to Crown - What pageantry taught me about self-love, female empowerment, and resilience.

## **Resilience & Embracing Failure**

Happy Accidents - How to use comedy to overcome fear.

# ***SPEECH TOPICS***

## **Wellbeing & Mental Health**

Laugh your way sane - comedy to heal the mind

## **Improv Comedy**

Improv(E) Your Life - How to laugh your way to an inspired life



# FROM CLOWN TO CROWN

From Clown to Crown - What pageantry taught me about self-love, female empowerment, and resilience.

"What started off as one big joke, turned into a self-adoring strut down life's giant runway."

Claudine now considers herself a master manifestor but getting there, required her to become a master failure first. In this totally hilarious talk, Claudine discusses her journey from starving actress, to struggling comic, to successful hilarious-human, to 100%-in-her-power beauty queen, with all the failures and wins in between. Claudine explains how she found her inner voice, kept her sense of funny, and turned her "mess" into her "message" all whilst wearing 9-inch heels. From Clown to Crown explores how Claudine ditched her red nose, for painted toes and inspired women across the country to do the same.

**"Wholly committed-powerful." pARTicipate Blog**

# TEDX TALKS

claudine spoke at TEDX in 2016. She spoke about the *6 Golden Rules of Improvisation*. Since 2016 Claudine has gone on to give several keynote speeches on the power of Improv Comedy and how the application of these principles into our everyday lives can be transformative.

She was also invited to perform alongside her Improv Troupe Jittery Citizens as part of the TEDX Johannesburg Showcase in 2016

In 2020 she was invited back to the TEDX stage to present *Happy Accidents. how to embrace failure and resilience.*

***“Arguably the best improv comedian in the country.” -Afrter12 Magazine***





## ***TWES: THRIVING WOMEN'S ENTREPRENEURS SUMMIT***

Claudine is often invited to speak about female empowerment and how finding your authentic voice and operating from your inner creative genius allows you to unlock your greatest potential.

## ***REAL TALK FOR WOMEN, BY WOMEN SERIES. PANDA APP SOUTH AFRICA***

Claudine has been working closely with Panda App (Mental Health App) South Africa to develop an empowering series for women around mental health and the benefits of applying improv comedy's fundamental principles into their everyday lives.

# ***INTERNATIONAL WOMEN'S DAY/MONTH EVENTS***



## **Quality Life**

We are the leaders you  
have been waiting for.  
Keynote speaker



## **Verve Clicquot**

MC'd women's  
day events



## **African Bank**

Happy Women  
Wellness Days. Lead  
Facilitator/ Keynote  
speaker



## **BDO**

Powerful Women  
Leadership Development  
Workshop. Lead  
Facilitator



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# BOOK CLAUDINE

*Looking forward to speaking at your event*

**CLAUDINE**



London



07308254039



[www.claudineullman.com](http://www.claudineullman.com)

